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Regional Roads
Strade di marca
GUIDED CYCLING TOURS BY NOIMARCHEBIKELIFE



NoiMarcheBikeLife welcomes you to Le Marche,
the only Italian region with a plural name - The Marches.

Behind the name lies a remarkable area with many different types of terrain, including beaches, hillsides and high mountains.

There are 25 Marche towns in the group, all eager to welcome and assist you on your cycling tour.

Le Marche has always been at the crossroads of different cultures owing to its position on the Mid-Adriatic coast, and is considered a gateway to the East.

Protected to the west by the Umbrian-Marche Apennines, some major civic centres have been established here in the past and the people of Le Marche were subject to both Papal rule and that of various noblemen, up until the Risorgimento when they took an active part in the unification of Italy.

If it's nature, art and colour you're looking for, Le Marche is the perfect place for some memorable experiences.

The yellow of the sunflowers, the green of the natural parks, the red of folklore and traditions, and the blue of the sea all await you as you cycle through the region.

Come and explore the beauties of Monti Sibillini National Park; Monte Vettore is in this range, the highest peak in the Marche region.

There are hills to explore too - green in the summer and gold in the autumn - and woods and olive groves as far as the eye can see. Along the coast there are seaside resorts with well-equipped beaches, and some wild inlets too.

The whole region is a real-life museum; nestling among the hills are many historic towns and villages hosting some well-preserved masterpieces.

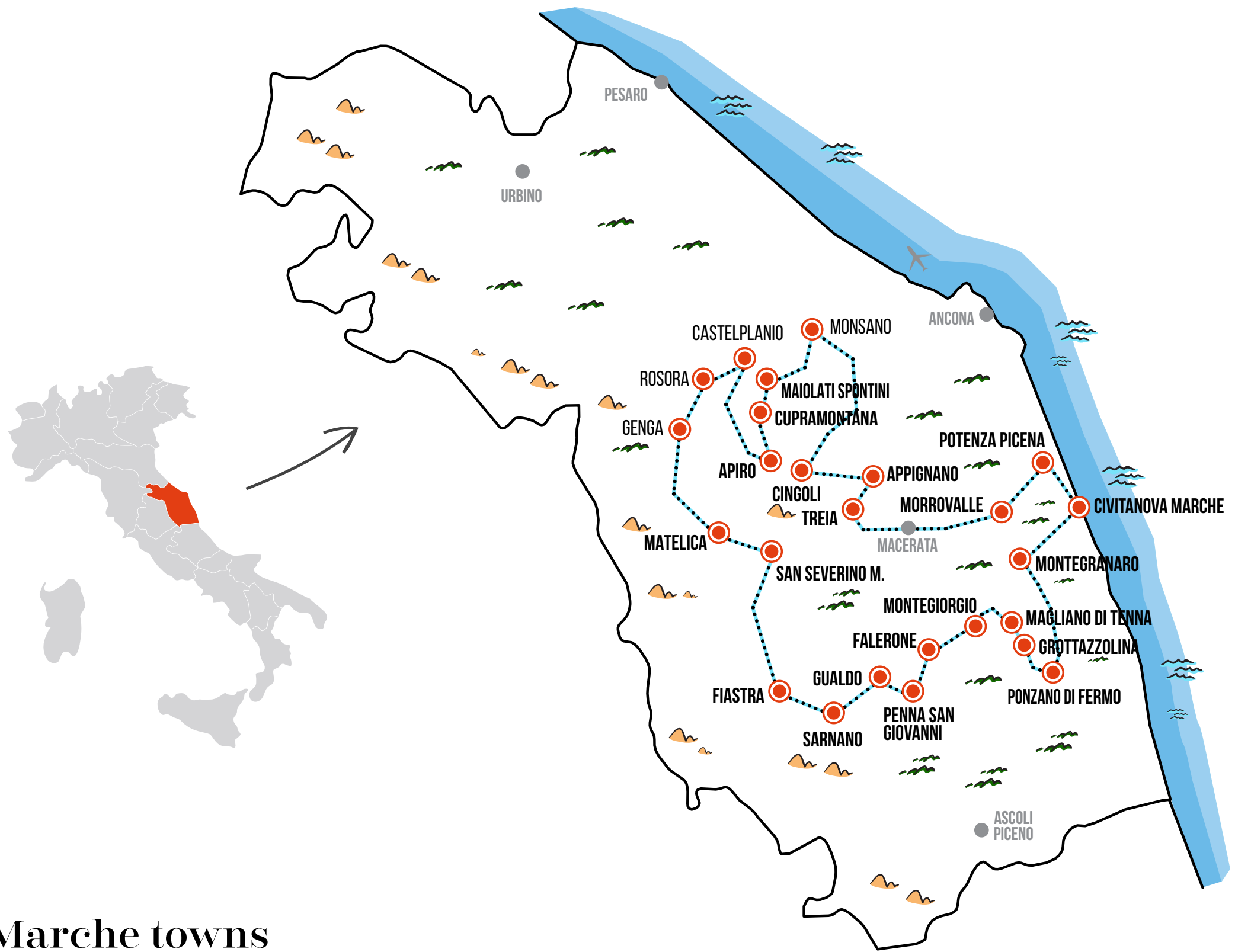
We have several different cycle routes, all carefully tested and suitable for cyclists of different levels and abilities.

Are you ready to set off?

Then read on to choose your perfect itinerary.

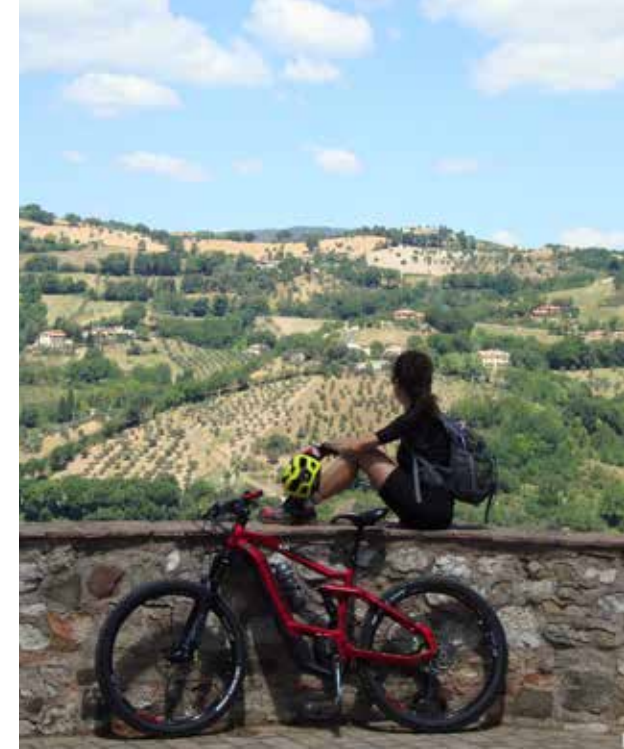
Let's go!





NoiMarche towns

Photo by Paola Piacentini



NoiMarcheBikeLife packages



16

Strade di marca

7-DAY GUIDED TOUR WITH A CYCLING GUIDE FROM THE SEA TO THE MOUNTAINS

7 DAYS / 6 NIGHTS	KM 477	CHALLENGING TOUR
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22

Traditions tour

TOUR WITH A CYCLING GUIDE TO DISCOVER ANCIENT MARCHE CRAFTS AND TRADITIONS

4 DAYS / 3 NIGHTS	KM 230	AVERAGE ABILITY TOUR
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26

Tranquility tour

3-DAY TOUR WITH A CYCLING GUIDE THROUGH THE GREEN ROLLING HILLS OF LE MARCHE

3 DAYS / 2 NIGHTS	KM 155	AVERAGE ABILITY TOUR
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20

Bike wine tour

TOUR OF WINE CELLARS WITH A CYCLING GUIDE

4 DAYS / 3 NIGHTS	KM 155	AVERAGE ABILITY TOUR
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24

The ridge circular

3-DAY TOUR OF VALLEYS AND RIDGES WITH A CYCLING GUIDE

3 DAYS / 2 NIGHTS	KM 135	AVERAGE ABILITY TOUR
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28

Slow tour

3-DAY GUIDED CYCLING TOUR
A LEISURELY TOUR OF DISCOVERY THROUGH THE MARCHE COUNTRYSIDE

3 DAYS / 2 NIGHTS	KM 80	EASY TOUR
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SUITABLE FOR FAMILIES



Photo by Paola Piacentini

Our territories to be discovered....

CCivitanova Marche

www.turismo.comune.civitanova.mc.it



If you wish to be surrounded by blue sea and nature along the cycle paths; if you enjoy strolling along long, golden beaches, but are also looking for art, history and scenic views, without renouncing the fashionable life and shopping, you can come to Civitanova Porto and enjoy a totally relaxing holiday in a city full of life. Leave the Porto and take refuge in the poetic alleys of Civitanova Alta, whose structure remains unchanged since medieval times.

HARBOR AREA

The harbour area hosts a real open-air street art museum.

AApiro

www.comune.apiro.mc.it



Nestled between lake Castreccioni and Monte San Vicino, Apiro enjoys a magnificent panoramic view. The lake is a large man-made reservoir which has become a major tourist destination. The old town with its wealth of artworks is fortified by Castilian walls, and the surrounding district is of remarkable environmental interest. The Abbey of Sant'Urbano, an extraordinary example of Romanesque architecture, is not to be missed.

PIAN DELL'ELMO

A large meadow 1,000 metres above sea level, the ideal place for walks, picnics and barbecues.

AAppignano

www.comune.appignano.mc.it



Appignano is known for its ceramics and the Leguminaria. Any visitor strolling through the streets will have ample opportunities to discover the cuisine for which we are famous throughout Italy: legumes cooked in the traditional way. Appignano is also famous for its ceramics production, which is still practised by classic master potters and actively promoted by local councils. You can even have a go on a potter's wheel yourself, an experience not to be missed.

HISTORIC VASARI STREET

Historic street with potters' shops and decoration on the historic Testa workshop.

CCastelplanio

www.comune.castelplanio.an.it



Castelplanio is a small village that forms part of the Castles of Jesi. Its gentle slopes are perfect for cultivating the Verdicchio dei Castelli di Jesi DOC Classico grapes and extra virgin olive oil. Close by is the Abbey of San Benedetto de' Frondigliosi, nestling in the undergrowth. The birthplace of Carlo Urbani, a doctor specialising in infectious diseases, is now a museum dedicated to promoting and disseminating the values for which he was known.

GRANCHIO NERO TRAIL

A refreshing walk or bike ride in unspoilt countryside.

Cingoli

www.comune.cingoli.mc.it



This delightful town still has its curtain walls which are almost intact, and plenty of monuments to attest to its glorious past. That's why Cingoli is a popular holiday destination. Owing to its elevated position, the town enjoys a marvellous panoramic view and is known as the 'balcony of the Marche'.

A broad panoramic terrace looks out over a vast area of the Marche region. Cingoli is also home to a Madonna of the Rosary painting by Lorenzo Lotto.

LAKE OF CINGOLI

Ideal relaxing holiday destination for walks, boating and pedalo hire.

Cupramontana

www.comune.cupramontana.an.it



Cupramontana occupies a strategic position for those coming both from the seaside or the mountains, halfway between Ancona and the Umbrian border. With its height and a very wide view on a territory ranging from the pre-Apennine mountains to the Adriatic Sea, Cupramontana welcomes visitors in all its might. Cupramontana is the capital of Verdicchio dei Castelli di Jesi, one of Italy's most prestigious white wines, and the birthplace of Luigi Bartolini, a great 20th century.

MIG - MUSEUMS IN CAVES

Verdicchio promotional path with tastings, tradition and local wineries.

Falerone

www.comune.falerone.fm.it



At the Piane di Falerone's doorway we will conduct you to visit the Archeological Park, where the Roman Falerio Picenus town rises up with its theater and the oak which has protected it for centuries; the amphitheater and the cistern. Then, along via Pozzo, we can get to the Medieval Falerone village where you can enjoy the fifteenth-century St. Paulin's house facade; The Church of St. Francis and the Merchants' Small Loggias.

ROMAN THEATER

The best-preserved Roman theatre in the Marche region, often used for performances

Foto Marco Grilli

Fiastra

www.comune.fiastra.mc.it



Fiastra is located within the Sibillini Mountains National Park. Mountain lovers can set out from Lake Fiastra to climb the exhilarating pathways up to the Berro and Priora peaks, or venture into the Fiastrone gorges and explore the Lame Rosse rock formations downstream of the dam. For those who prefer to stay by the water, you don't have to wander far from the lake before arriving at the hamlet of San Lorenzo, the ideal place for relaxing on a sun lounger on the banks of the river.

LAME ROSSE

Natural canyon known as the 'Cappadocia of Italy', a Mars-like landscape.

Genga

www.comune.genga.an.it



Genga, a Touring Club Orange Flag destination, is a small Medieval village and the birthplace of Pope Leo XII. The Frasassi Gorge is a narrow valley carved out by the river Sentino, home to the Frasassi Caves and the Blessed Virgin grotto, inside which is the Temple of Valadier. Also worth a visit, the Abbey of San Vittore delle Chiuse, one of the most important Romanesque monuments in the Marche region, and Pierosara, an old Lombard garrison.

GROTTE DI FRASASSI

Captivating 1.5km guided tour in the underground cavity.

Grottazzolina

www.comune.grottazzolina.ap.it



Grottazzolina is a medieval village dating back to the Picene era, famous for its artisan and industrial traditions and its festivals.

Highlights worth seeing are the Azzolino Castle, symbol of civic pride with its medieval cistern, the rural church with 15th century frescoes of S. Maria a Piè di Costa and the neo-medieval style town hall. From the balcony of the castle you can enjoy a breath-taking view over the Sibillini Mountains and the sea.

CHURCH OF THE HOLY SACRAMENTO

A treasure trove of beauty, works by Luigi Fontana.

Gualdo



www.comune.gualdo.mc.it

The surroundings of Gualdo are perfect for hiking, horseback riding and mountain biking, with stopovers beside a fountain, a sacred niche and a church, where you'll find a great many fascinating details, and a view towards the horizon bounded by the Monti Azzurri – the blue mountains. The urban structure of the old town is clearly medieval, with a wide circle of walls in the shape of a horseshoe, from which five towers rise in a reasonably good state of preservation.

SOURCE BARTOLOTTI

Charming wash house in the lush surroundings of Gualdo.

Magliano di Tenna

www.comune.maglianoditenna.fm.it



Magliano di Tenna is a small village with some typical medieval features, including city walls, defensive towers and blocks of houses overlooking quiet alleyways. Going up to the old town, you come directly onto the main square; on the left is the Parish Church with a fresco by Pagani, and nearby in the old tower, you'll find the new Museum of Rural Civilization. A pleasant alleyway takes you to the Da Bora Tower, the former castle entrance.

TORRE DA BORA

Luxury medieval tower.

Maiolati Spontini

www.comune.maiolatispontini.an.it



Maiolati Spontini is a small village nestling among the charming Marche hills, known for being the birthplace of great composer Gaspare Spontini, who gave his name to the city in 1939.

There is an established tourist trail around the historic city centre with stop-offs at places with connections to the famous composer. The route covers places linked to Spontini's birth and the numerous visits he made during his life.

GASPARE SPONTINI MUSEUM

The building contains musical scores and portraits that belonged to the composer.

Matelica

www.comune.matelica.mc.it



The visit to Matelica starts in the splendid historic centre; over 50 alleys and 10 small piazzas with enchanting views. The main buildings and monuments are in the central Piazza E. Mattei: council building, 32-metre-high civic tower and marketplace loggia, town hall, central fountain, Chiesa del Suffragio church and the Piermarini Theatre.

Matelica is well known for Verdicchio wine, which has become the emblem of this land.

PIERMARINI THEATRE

1805 building designed by Giuseppe Piermarini, who also built the Scala Theatre in Milan.

Monsano

www.halleyweb.com



The surrounding land slopes gently down to the valley planted with olive groves and the modern, quiet town. Monsano is more than an important industrial and commercial hub, it's also known for its distinctive 15th century walls. Outside the village there's a delightful space that has remained unchanged over time, where you'll find the Romanesque-Gothic Church of Santa Maria degli Aròli. The 18th-century Villa Pianetti and its magnificent park is located in the hamlet of Sant'Ubaldo.

STAIRCASE IN RASTELLI STREET

Steps in the historic centre decorated by local ladies with plants and flowers.

Montegiorgio

www.comune.montegiorgio.fm.it



The town walls surround the whole centre, which still has some of its characteristic mediaeval streets. It is possible to admire the remains of castle walls, some narrow streets, and the precious traces of centuries on the stones of the churches and palaces that give the town its atmosphere of cosy elegance. The buildings of interest include Alaleona theatre, the Cappella Farfense and the Chostro di Sant'Agostino, an ex-convent that conceals the 14th-century Sacristy of San Salvatore inside.

DOMENICO ALALEONA THEATRE

One of Le Marche's finest old theatres, dedicated to Monte Giorgio musician Domenico Alaleona.

Montegranaro

www.comune.montegranaro.fm.it



Located on a barely appreciable hill, Montegranaro is the centre of excellence of national footwear production. The Romanesque monuments (the crypt of Sant'Ugo and the portal of the SS. Salvatore), the church of SS. Filippo and Giacomo, the churches of S. Francesco and S. Serafino and the Baroque one of S. Pietro, the Town Hall, the noble palaces emerge from an urban fabric of houses huddled together.

CRYPT OF SANT'UGO

800 AD Romanesque construction with paintings, among the most important in the Marche.

Morrovalle

www.comune.morrovalle.mc.it



The town's heart, still arranged in a typically medieval fashion, is its splendid square. It is framed by various buildings, among which Palazzo Lazzarini, embellished with a portal in Gothic style. Just outside, stands the church of the Passionisti and the former church of S. Francesco. The wholesomeness of its food products, only matched by its prestigious wine production, makes Morrovalle part of the national "Wine towns" tour.

THE FORMER CHURCH OF SAN FRANCESCO

There was a Eucharistic Miracle in the church in 1560; the Host was left intact after a fire.

Penna San Giovanni

www.comune.pennasangiovanni.mc.it



Anyone visiting Penna for the first time will be pleasantly surprised and enchanted by its atmosphere and the warmth of the people who live here. The Priory building hosts the community theatre with its rare, unique beauty.

The art gallery houses a large collection of contemporary and historic artworks.

A walk to the Parco del Monte to enjoy a 360-degree view is a must.

SALINE PARK

An immersive nature park at the confluence of two saltwater streams.

Ponzano di Fermo

www.ponzanodifermo.org



Ponzano di Fermo is a marvellous medieval village enclosed by walls. A ramp leads into the historic city center, connecting the old castle to the ancient church of Santa Maria a 'Pede Pontis'. Outside the castle is the 12th century church of San Marco; a sarcophagus and some relics. The visit continues through countryside to the charming hamlet of Torchiaro and ends at the beautiful Madonna delle Cadaste, a place with circular ruins.

CHURCH OF SAN MARCO

12th century Romanesque church with an imposing bell tower in the facade.

Potenza Picena

www.comune.potenza-picena.mc.it



Dive in and let the waves carry you away from the clamor of mass tourism. Rediscover the flavors of traditional seafood cuisine, and the historic city centre nearby with a wealth of artistic and architectural treasures, framed by rolling hills. That's what Potenza Picena has to offer, along with long walks, fishing, sports and outdoor activities. Not far from the beaches there's Villa Buonaccorsi too, one of Potenza's most treasured gems. And of course the Oasi dei Laghetti.

BELVEDERE BADEN POWELL

Enjoy the spectacle of the sunrise painting the gorgeous coastline red.

Rosora

www.comune.rosora.an.it



Rosora is a small village in the Vallesina valley. The high altitude provides an expansive view of the Sibillini Mountains, Monte Catria, Gran Sasso and across the Adriatic. A few sections of the defensive walls and a 13th century tower still remain. The church of San Michele Arcangelo dates back to the 18th century and houses a 17th century wooden crucifix. Don't miss the Fosso di Rosora nature trail, the Bruno Caccin observatory, and an exhibition of vintage artefacts.

BALCONE DELLA VALLESINA

View from the 'Balcone della Vallesina'.

San Severino Marche www.comune.sanseverinomarche.mc.it



Where the river Potenza faces the last gorge before continuing towards the sea in a valley surrounded by green and soft hills, San Severino Marche is one of the most striking cities of the Marche. Heir to a thousand-year history and treasure trove of art, culture and traditions of inestimable value, passing through the enchanting Piazza del Popolo, up to the ancient village of Castello a Monte, the city offers every corner a jewel to discover.

ELCITO

Known as the 'Tibet of Le Marche', the town is perched on a precipice 821 meters high.

Sarnano

www.sarnanoturismo.it



Sarnano with its perfectly preserved medieval town center is a designated Touring Club Orange Flag area. It's listed as one of the Borghi più Belli d'Italia (Most Beautiful Villages in Italy) and its museum center is rich in art treasures. Located at the foot of the Sibillini Mountains, it's surrounded by greenery. If you're looking for adrenaline-fueled experiences, try the enduro bike trails or hang gliding; if you just want to relax, spend some restorative time at the thermal baths.

HISTORIC CENTRE

It dates back to the Middle Ages and is one of the best preserved historic centres in Le Marche.

Treia

www.comune.treia.mc.it



The historic town centre, stretching out along a ridge of sandstone beds, is well preserved. In the main square you'll find the public and religious buildings: the town hall, which also houses the municipal art gallery, the Church of San Filippo and the Accademia Georgica built by Giuseppe Valadier. The square has one open side bordered with a balustrade from the late 18th century, supporting a monument to Pius VI built in 1785. The city also has a pleasant community theatre built between 1805 and 1817.

SAN LORENZO

Local people call it their 'Mountain' with 10 kilometers of enduro tracks.



Strade di marca

Regional Roads

7-DAY GUIDED TOUR WITH A CYCLING GUIDE FROM THE SEA TO THE MOUNTAINS

7 DAYS / 6 NIGHTS

PRICES
PER PERSON
FROM:

1,369 €



TOTAL LENGTH **KM 477**

CHALLENGING
TOUR

MIN ALTITUDE 000 M
MAX ALTITUDE 809 M

ROAD BIKE/GRAVEL
BIKE/E-BIKE

A permanent 470 km circular route called the Strade di Marca passing through many small villages - 25 in all - each with its own unique charm to be enjoyed in perfect peace and tranquillity.

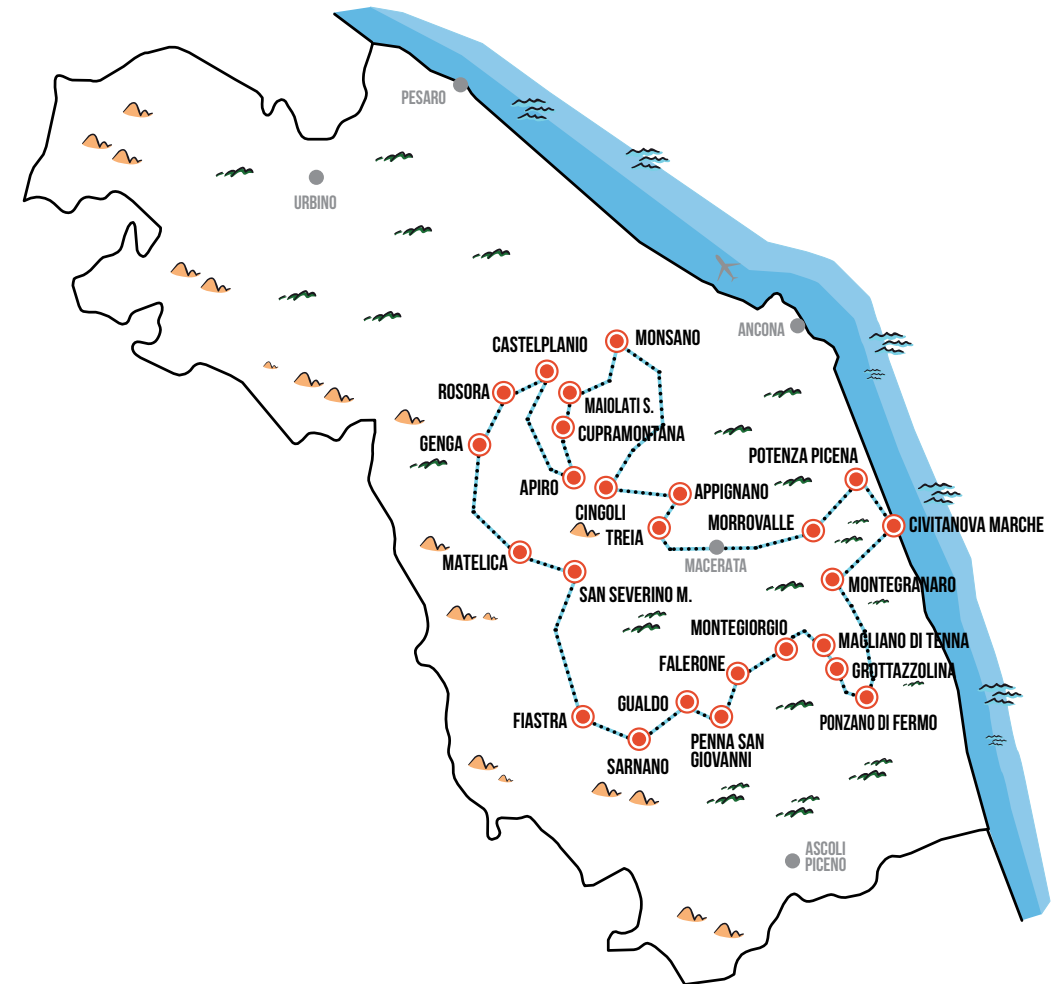
Designed to be an uplifting experience, the tour is along paved roads with little traffic, gravel roads and other unpaved roads. It starts at the coast and goes through the green Marche hills up to the Sibillini Mountains and Monte

San Vicino, then descends via the cycle path alongside the Esino river back to the coast.

The route passes through three provinces and five Marche valleys: Val Tenna, Val Potenza, Val del Fiastra, Val di Chienti and Vallesina.

The region of a thousand faces and a thousand colours: yellow sunflower fields, green hills and natural parks, the traditional red of folklore and culture, and the intense blue of the lakes, rivers and sea.

Tour packages



+ INCLUDED

- 7-day Guided cycling tour
- 6 nights half board in non-hotel facilities or bike hotels
- Guided tours of the towns of Cingoli - Matelica San Severino - Sarnano and Montegiorgio
- Visits to the Gioco del pallone col Bracciale in Treia, the Museums of Weaving and Ceramics in Appignano and the Mugellini Theatre in Potenza P.
- 2 wine cellar visits with tastings
- Visit to a handcrafted shoe workshop in Montegrano
- Train ticket from Castelplanio to Genga
- Entrance ticket to Frasassi Caves and Valadier Temple in Genga
- Baggage transfers throughout the tour
- Medical, baggage and public liability insurance

- NOT INCLUDED

- Bike rental (prices on request)
- Entrance fees not specifically included
- Meals not specified
- Cancellation insurance
- Drinks with meals

DEPARTURE DATES

- 24 June
- 7 July
- 5 August
- 9 September
- 6 October
- 29 October

Dates are updated regularly.

Programme:

1
DAY

KM 94 ALTITUDE GAIN 625 M



The tour starts from the port of Civitanova Marche, decorated with the striking murals of the 'Vedo a Colori' project (I see in colour), where the cycling guide will meet us. Our first stop is Potenza Picena, where we visit the bijou Bruno Mugellini 'bomboniera' Theatre. Free time for lunch in Treia, then it's time to visit the Gioco del Pallone con il Bracciale museum. After that we take the pretty gravel road to Appignano to visit the ceramics studio and weaving loom museum. The last stop is Cingoli - the balcony of Le Marche - for dinner and overnight stay.

2
DAY

KM 68 ALTITUDE GAIN 625 M



The day starts with a guided tour of the village of Cingoli, famous for its amazing 360° panoramic view over the Marche region. From there we descend to the valley of the river Esino then climb up to Monsano, which has views of both the sea and the mountains. Free time for lunch, after which we take a scenic route up to Maiolati Spontini, the birthplace of its famous namesake - composer Gaspare Spontini. Our last stop is Cupramontana, the capital of Verdicchio. Here we have a tasting experience of the famous local wine at a Verdicchio winery and visit the MIG (graphic illustration) museum, followed by dinner and overnight stay.

3
DAY

KM 57 ALTITUDE GAIN 651 M



In the morning we depart for Apiro and a visit to the charming Sant'Urbano Abbey. After a stop at a winery and some free time for lunch, we continue on gravel roads to Rosora for more breath-taking panoramic views. The route then passes through Castelplanio and descends to the valley floor, where we sit back and take the train to Genga. Before dinner and overnight stay, we have a final visit to the Temple of Valadier, a neoclassical sanctuary embedded in the rock.

4
DAY

KM 71 ALTITUDE GAIN 56 M



Located on a rocky massif, Genga is the starting point for the day's activities, beginning with a walk to the enchanting Grotte di Frasassi caves, a subterranean karstic system, after which we depart for Matelica, home of the quintessential Casa del Verdicchio Doc par excellence and Castelli di Jesi wines, where we have a guided tour of the historic town centre and Piermarini Theatre. Free time for lunch, then we move on to San Severino Marche, an arts town nestling in the green mountains, for dinner and overnight stay.

Tour packages

5
DAY

KM 50 ALTITUDE GAIN 56 M



Following a guided tour of San Severino Marche with its characteristic elliptical-shaped Piazza del Popolo, it's time to leave for Fiastra. A few ascents bring us up to Serrapetrona, the home of Vernaccia. After a stop in the hamlet of Borgiano for a wine tasting at a local cellar, we take the path around Lake Caccamo to Polverina. One final uphill stretch brings us to Fiastra in the heart of the Sibillini Mountains National Park, the jewel of the Macerata province, where we stop for dinner and stay overnight.

6
DAY

KM 62 ALTITUDE GAIN 808 M



The town of Fiastra with its beautiful turquoise lake in the Fiastrone valley is our starting point, from where we set off for Monastero. Descending to the plain, we head towards Sarnano, one of the most beautiful ancient villages in Italy. After a guided tour of the historic centre and the Via delle Cascate Perduti, we make the long climb up to Gualdo. Following a break for lunch, we depart for Penna San Giovanni, a historic village known for its arts. The itinerary then continues with a series of climbs and descents, passing through Piane di Falerone with its Roman theatre and finally arriving in Montegiorgio.

7
DAY

KM 75 ALTITUDE GAIN 398 M



Guided tour of the wonderful historic centre of Montegiorgio, after which we follow the road along the ridge - from where the views are spectacular - up to Magliano di Tenna. Here we have a visit to a local cheesemaker who will show us round his factory. The route then crosses the river Tenna and descends to Grottazzolina, a Mediaeval village where many ancient artefacts of the Piceni people have been discovered. Free time for lunch. Following a series of descents we come to the Madonna delle Cataste, a charming circular temple, then on to the historic centre of Ponzano di Fermo, a village nestling in the green Fermo valleys. From here, we cross the river Fermo to Montegranaro, a major centre of the shoemaking industry, where we visit the Crypt of Sant'Ugo and a handcrafted shoe workshop. After leaving the craft shoemaking village, the tour ends with a breath-taking descent towards the Adriatic Sea and return to Civitanova Marche.



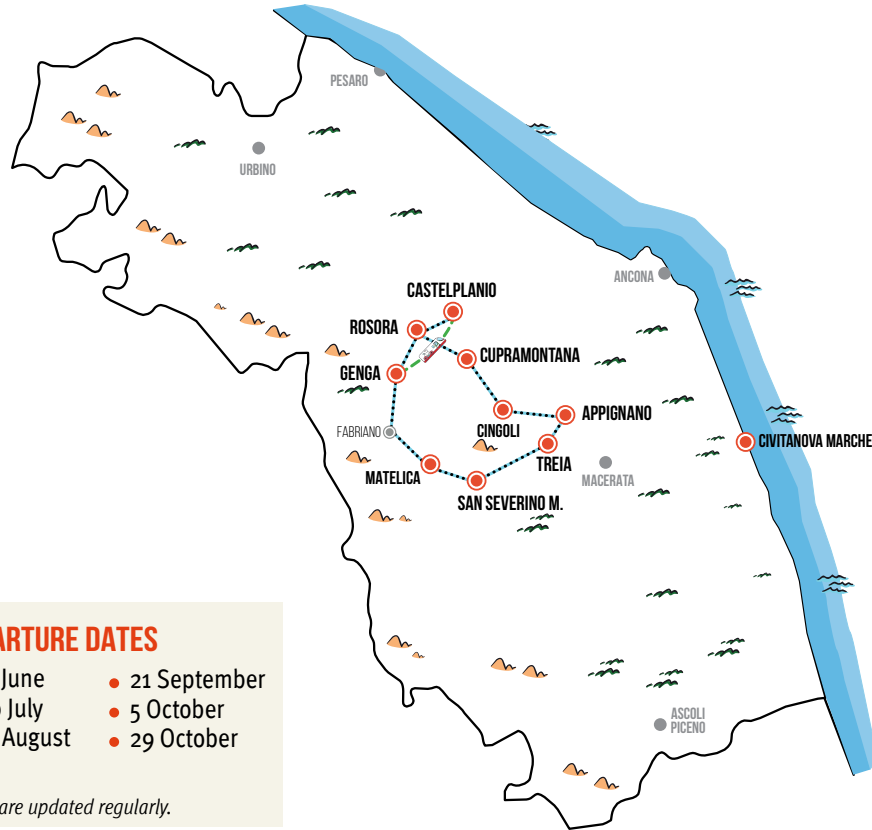
Bike wine tour

TOUR OF WINE CELLARS WITH A CYCLING GUIDE

4 DAYS / 3 NIGHTS

PRICES
PER PERSON
FROM:

540.00 €



DEPARTURE DATES

- 22 June
- 21 September
- 20 July
- 5 October
- 17 August
- 29 October

Dates are updated regularly.

TOTAL LENGTH **KM 155**

AVERAGE
ABILITY TOUR

MAX ALTITUDE. 605 M
MIN ALTITUDE 140 M

ROAD BIKE/GRAVEL
BIKE/E-BIKE

The tour starts in San Severino Marche, one of the most beautiful arts towns in the Marche region, for a unique experience that takes in valleys, rivers and enchanting villages. After visiting the villages of Treia, one of the loveliest villages in Italy, Appignano, known for its terracotta roofs, and Cingoli, the balcony of Le Marche, the tour continues to Aprio at the foot of Monte San Vicino. From there, we

make a stop at Cupramontana, which is famous for Verdicchio wine, then on through the hilltop wine-growing villages of Rosora and Castelplanio. We then take the train to Gola di Frasassi, a narrow gorge carved out by the river Sentino, where we visit the Grotte di Frasassi caves. After a final visit to Matelica with its delightful piazza, the tour ends with a return to San Severino.

Tour packages

1
DAY

KM 48

450 M
ALTITUDE GAIN

SAN SEVERINO (KM 18) **TREIA** (KM 11) **APPIGNANO** (KM 19) **CINGOLI**

The sightseeing tour sets out from San Severino and the first stop is Treia, for a visit to the Museo del Gioco del Pallone col Bracciale. Then back on the bikes to Appignano, and after some free time for lunch we visit the Museum of Ceramics and the Museum of Weaving. In the early afternoon we leave for Cingoli, which will be a challenging climb. The day ends with a visit to a wine cellar with tastings. Dinner and overnight stay.

2
DAY

KM 42

477 M
ALTITUDE GAIN

CINGOLI (KM 21) **CUPRAMONTANA** (KM 14) **ROSORA** (KM 7) **CASTELPLANIO** **GENGA**

The day starts in the morning with a visit to the old water mill in Cingoli, after which we continue to Lake Castreccioni for some free time over lunch, then on to Cupramontana where we stop at the Graphic Illustration Museum in Grotta. Next we cycle on through Rosora to Castelplanio, where we stop at another winery for wine tastings, then take the train back to Genga.

3
DAY

KM 35

197 M
ALTITUDE GAIN

GENGA (KM 15) **FABRIANO** (KM 20) **MATELICA**

The day starts with a visit to the picturesque Frasassi Caves and the Temple of Valadier. From there we head to Matelica, stopping at a local winery to sample Matelica's famous Verdicchio, then continue on to San Severino Marche passing through Braccano, the charming village of murals. Dinner and overnight stay.

4
DAY

KM 30

144 M
ALTITUDE GAIN

MATELICA (KM 30) **SAN SEVERINO MARCHE**

Setting out from Matelica we head towards San Severino Marche through the beautiful Valle dei Grilli, with a break for lunch and some free time along the way. When we arrive at San Severino, there's a guided tour of this wonderful city of art, the last stop on the tour.

+ INCLUDED

- 4-day Guided cycling tour
- 3 nights half board in non-hotel facilities or bike hotels
- Visit to the Gioco del Pallone con bracciale in Treia (a museum dedicated to the traditional local ball game)
- Museum of Ceramics and Museum of Weaving in Appignano
- Visit to the water mill
- Visit to the MIG in the Grotta di Cupramontana
- Ticket to Grotte di Frasassi and Temple of Valadier
- Visits to wine cellars in Cingoli, Castelplanio and Matelica, with tastings
- Train ticket from Castelplanio to Genga
- Guided tour of San Severino Marche
- Baggage transfers throughout the tour
- Medical, baggage and public liability insurance

- NOT INCLUDED

- Bike rental (prices on request)
- Entrance fees not specifically included
- Meals not specified
- Cancellation insurance
- Drinks with meals



Photo by Paola Piacentini

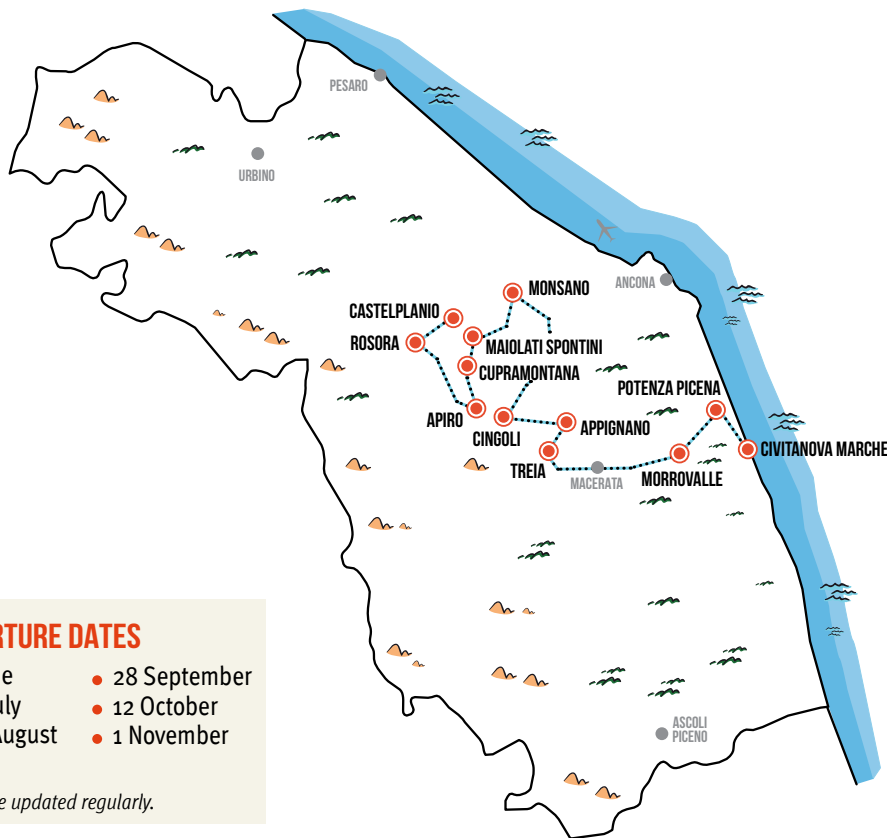
Traditions tour

TOUR WITH A CYCLING GUIDE TO DISCOVER ANCIENT MARCHE CRAFTS AND TRADITIONS

4 DAYS / 3 NIGHTS

PRICES
PER PERSON
FROM:

540.00 €



DEPARTURE DATES

- 1 June
- 13 July
- 24 August
- 28 September
- 12 October
- 1 November

Dates are updated regularly.

TOTAL LENGTH **KM 230**

AVERAGE
ABILITY TOUR

MAX ALTITUDE 620 M
MIN ALTITUDE 000 M

ROAD BIKE/GRAVEL
BIKE/E-BIKE

Our cycling tour starts in Civitanova with a visit to the port with its colourful murals, and proceeds through vineyards to the picturesque ancient village of Potenza Picena. From there we continue through a landscape of green hills and cultivated fields as far as Morrovalle, a well-preserved historic town with many noble palazzi. After that we move on to Appignano, a town famous

for terracotta, passing through the Verdicchio dei Castelli di Jesi wine region and Maiolati Spontini, which takes its name from the famous composer. Next we take in Cupramontana, where the Wine Label Museum is located, and after an opportunity to admire the views from Apiro and Rosora, we move on to Castelplanio, birthplace of famous physician Carlo Urbani.

Tour packages

1
DAY

KM 74
317 M
ALTITUDE GAIN

CIVITANOVA M. POTENZA P. MORROVALLE TREIA APPIGNANO

Departure from the colourful port of Civitanova to Potenza Picena, situated on a hilltop overlooking Monte Conero. After that we visit the Mugellini Theatre, which is a perfect jewel. After some free time for lunch, we set off again along the ridge road that takes us to the village of Morrovalle. The next stop on the tour is the Museo del Gioco con il Bracciale in Treia. From ball games we move on to craftsmanship in Appignano, with visits to two further museums: Ceramics and Weaving. Dinner and overnight stay.

2
DAY

KM 76
551 M
ALTITUDE GAIN

APPIGNANO CINGOLI MONSANO MAIOLATI SPONTINI CUPRAMONTANA

In the morning we set off for Cingoli, the balcony of Le Marche, where we visit the old water mill. After that we move on to Vallesina, where we spend some free time for lunch beside the river, then continue to Monsano, a village where environmental concerns are key. Following a pleasant ascent we arrive in Monte Spontini, the birthplace of famous composer Gaspare Spontini, then on to Cupramontana, the capital of Verdicchio, where we visit a local wine cellar for tastings, followed by dinner and overnight stay.

3
DAY

KM 45
463 M
ALTITUDE GAIN

CUPRAMONTANA APIRO ROSORA CASTELPLANIO

We depart from Cupramontana towards Apiro, a charming village overlooking the Monte San Vicino valley. A morning visit to Sant'Urbano Abbey, an outstanding example of Romanesque architecture, is followed by a ride through gentle hills planted with vines as far as Rosora, where more picture-postcard views await us. After that we move on to Castelplanio, another famous Verdicchio village, to visit to MIG museum. Dinner and overnight stay.

4
DAY

KM 35
250 M
ALTITUDE GAIN

CASTELPLANIO FALCONARA MARITTIMA

On day four we take the cycle path along the Esino river valley with all its treasures. On the way we pass through the Ripa Bianca nature reserve before arriving at Falconara Marittima, where we spend the rest of the day exploring the natural beauty of the Marche region before taking the train back to our starting point in Civitanova.

+ INCLUDED

- 4-day Guided cycling tour
- 3 nights half board in non-hotel facilities or bike hotels
- Visit to Mugellini Theatre in Potenza Picena
- Visit to the Museums of Ceramics and Weaving in Appignano
- Visit to the Museo del Gioco con il pallone con Bracciale in Treia
- Visit to the water mill
- Visit to the MIG in Cupramontana
- Visit to a winery in Cupramontana with wine tasting
- Guided tour of Sant'Urbano Abbey
- Train to Falconara M. – Civitanova Marche
- Baggage transfers throughout the tour
- Medical, baggage and public liability insurance

- NOT INCLUDED

- Bike rental (prices on request)
- Entrance fees not specifically included
- Meals not specified
- Cancellation insurance
- Drinks with meals
- Production workshop for a unique ceramic piece in Appignano (optional)



Photo by Paola Piacentini

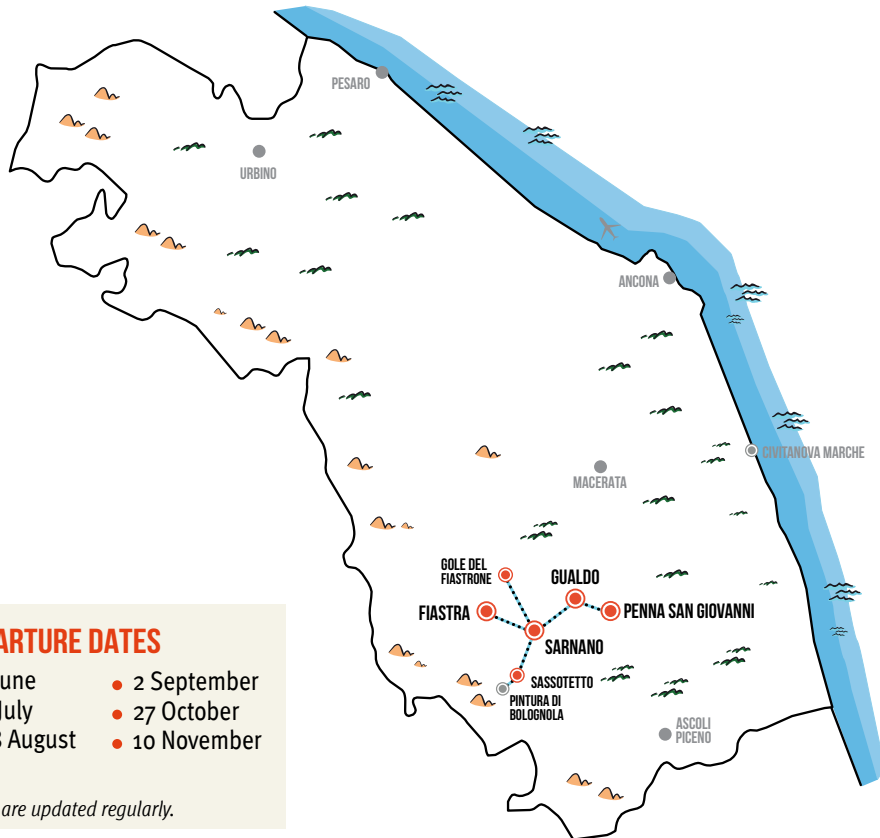
The ridge circular

3-DAY TOUR OF VALLEYS AND RIDGES WITH A CYCLING GUIDE

3 DAYS / 2 NIGHTS

PRICES
PER PERSON
FROM:

499.00 €



DEPARTURE DATES

- 9 June
- 7 July
- 18 August
- 2 September
- 27 October
- 10 November

Dates are updated regularly.

TOTAL LENGTH **KM 135**

AVERAGE
ABILITY TOUR

MAX ALTITUDE 1500 M
MIN ALTITUDE 400 M

ROAD BIKE/GRAVEL
BIKE/E-BIKE

The tour starts out from the Mediaeval village of Sarnano, officially recognised as one of the most beautiful villages in Italy, and offers daily 50 km itineraries of climbs and descents and panoramic views of the river Tenna and the Adriatic with the Monti Sibillini as the backdrop; a series of alternating ascents and descents to enjoy in perfect tranquility.

Along the way you will discover the wonderful villages of Gualdo, Penna San Giovanni, and Sassotetto with its beautiful Piani di Ragnolo meadows and the town of Fiastra with its turquoise lake. Each village has its own special characteristics which are well worth taking time out from a long ride to explore; true gems in a natural setting with a thousand years of history behind them.

Tour packages

1
DAY

KM 47
320 M
ALTITUDE GAIN



SARNANO **GUALDO** **PENNA SAN GIOVANNI** **SARNANO**

Starting out from Sarnano, we follow a spectacular scenic road to Gualdo with views from the Sibillini Mountains to the sea. Visit to the Romolo Murri museum before continuing on to Penna San Giovanni for some free time for lunch and shopping for local products. Next we stop at Monte San Martino to admire the works of the Crivelli brothers, and finally visit a sausage factory to see how the famous salami is made.

2
DAY

KM 38
800 M
ALTITUDE GAIN



SARNANO **GARULLA** **PINTURA DI BOLOGNALA** **SASSOTETTO** **SARNANO**

We start again from Sarnano and take the Passo Ventoso (windy pass) to Garulla, then head towards Bolognala, the highest town in Le Marche, where there are plenty of local products available to purchase for lunch. After that we go back down the Regina ascent for a guided tour of Sarnano and some well-earned rest, with a local aperitif made from truffles.

3
DAY

KM 50
900 M
ALTITUDE GAIN



SARNANO **GOLE DEL FIASTRONE** **LAGO DI FIASTRA** **BOLOGNOLA** **SASSOTETTO** **SARNANO**

Final day. Starting out from Sarnano again, we cycle along the picturesque Gole di Fiastrone valley. The crystal clear river winds along a rocky bed creating little waterfalls and pools along the way. We take a break at an area bordering Lake Fiastra, with free time to explore the family-run trattorias and shops selling traditional local products, before returning to Sarnano.

+ INCLUDED

- 3-day Guided cycling tour
- 2 nights half board in non-hotel facilities or bike hotels
- Visit to Romolo Murri Museum in Gualdo
- Visit to the Crivelli artworks in Monte San Martino
- Guided tour of Sarnano
- Visit to a sausage factory
- Truffle-based aperitif
- Baggage transfers throughout the tour
- Medical, baggage and public liability insurance

- NOT INCLUDED

- Bike rental (prices on request)
- Entrance fees not specifically included
- Meals not specified
- Cancellation insurance
- Drinks with meals



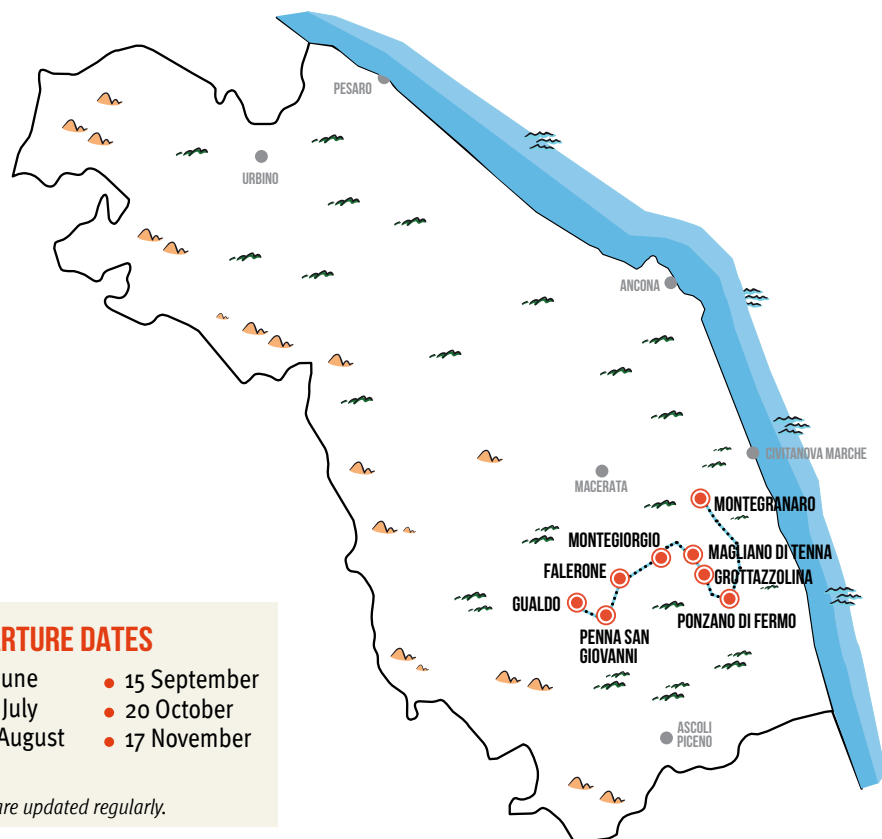
Tranquility tour

3-DAY TOUR WITH A CYCLING GUIDE THROUGH THE GREEN ROLLING HILLS OF LE MARCHE

3 DAYS / 2 NIGHTS

PRICES
PER PERSON
FROM:

390.00 €



DEPARTURE DATES

- 16 June
- 15 September
- 29 July
- 20 October
- 11 August
- 17 November

Dates are updated regularly.

TOTAL LENGTH **KM 155**

AVERAGE
ABILITY TOUR

MAX ALTITUDE 640 M
MIN ALTITUDE 40 M

ROAD BIKE/GRAVEL
BIKE/E-BIKE

Our 'daisy' trails are the perfect opportunity to explore the castles of Marca Ferma (March of Fermo) and part of Macerata.

The adventure starts in the valley of the river Tenna and passes through Montegranaro and several historic villages including Alteta and Cerreto.

We also pass through the delightful environs

of Montegiorgio, Falerone, Penna San Giovanni and Gualdo: a unique, enchanting landscape stretching from the Monti Azzurri to the sea, and not forgetting the magical villages of Ponzano di Fermo and Magliano di Tenna and the castle of the Farfensi monks in Grottazzolina.

The ideal tour for those seeking history, culture and exquisite culinary specialities.

Tour packages

1
DAY

KM 72
300 M
ALTITUDE GAIN



Following a visit to the historic centre of Montegiorgio, we cycle to Magliano di Tenna where a local cheesemaker will demonstrate the process of making pecorino cheese. There'll be some free time for lunch in the small village of Grottazzolina, then we leave for Ponzano di Fermo to see the mysterious church of the Madonna delle Cataste. After that we continue on to Montegranaro, an international shoe-making centre, where we visit a handmade shoe workshop, then return to Montegiorgio for dinner and overnight stay.

2
DAY

KM 53
400 M
ALTITUDE GAIN



The morning is spent exploring the valley of the river Tenna with an opportunity to visit the magnificent Roman theatre at Falerone, then we move on to the village of Penna San Giovanni where there's a magnificent view stretching from the Sibillini Mountains to the sea. After some free time for lunch and shopping at a shop selling local products, we cycle back to Montegiorgio for dinner and overnight stay.

3
DAY

KM 30
150 M
ALTITUDE GAIN



In the morning we make our way to Alteta, a small hamlet on the outskirts of Montegiorgio set in the tranquil Marche countryside, then move on to Cerreto, another timeless place full of art treasures such as the frescoes in the church of Santa Maria delle Grazie. After some free time for lunch, the cycling tour ends with a return to Montegiorgio.

+ INCLUDED

- 3-day Guided cycling tour
- 2 nights half board in non-hotel facilities or bike hotels (Montegiorgio o Grottazzolina)
- Visit to a dairy in Magliano di Tenna to see how pecorino cheese is made
- Visit to a handcrafted shoe workshop in Montegranaro
- Guided tour of Montegiorgio
- Baggage transfers throughout the tour
- Medical, baggage and public liability insurance

- NOT INCLUDED

- Bike rental (prices on request)
- Entrance fees not specifically included
- Meals not specified
- Cancellation insurance
- Drinks with meals



Slow tour

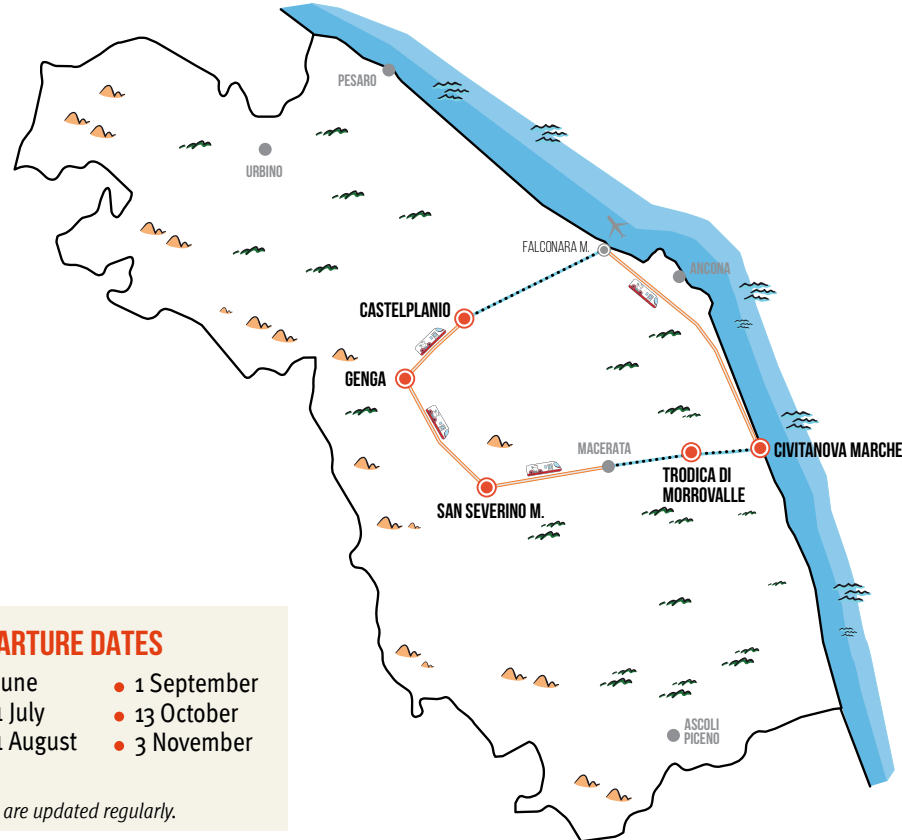
3-DAY GUIDED CYCLING TOUR
A LEISURELY TOUR OF DISCOVERY THROUGH THE MARCHE COUNTRYSIDE

SUITABLE
FOR FAMILIES

3 DAYS / 2 NIGHTS

PRICES
PER PERSON
FROM:

555.00 €



DEPARTURE DATES

- 2 June
- 21 July
- 21 August
- 1 September
- 13 October
- 3 November

Dates are updated regularly.

TOTAL LENGTH KM 80

EASY
TOUR

MAX ALTITUDE 320 M
MIN ALTITUDE 000 M

ROAD BIKE/GRAVEL
BIKE/E-BIKE

Starting out from Civitanova on the Adriatic coast, we follow the trail along the Chienti river, taking in two beautiful Abbeys – Santa Maria in Pié di Chienti and San Claudio in Chienti, which is built on the ruins of the ancient Roman city of Pausolae, a mysterious place which according to legend is the location of the Palatine chapel of Charlemagne.

After that we take the train to San Severino, a city of art, where we explore the Gola della Rossa park, a natural paradise with enchanting scenery, rivers, steep rock walls and spectacular grottos such as the Frasassi caves. We then continue along the river Esino through Castelplanio, Rosora, Maiolati Spontini and Monsano and arrive back at the coast, where the tour ends.

Tour packages

1
DAY

KM 25
100 M
ALTITUDE GAIN



We set out in the morning from Civitanova Marche and follow the Chienti river along the cycle path to the abbeys, paying visits to Santa Maria in Pié di Chienti and San Claudio in Chienti. Free time for lunch. In the early afternoon it's a short ride to Piediripa station where we load our bikes on the train and get off at San Severino Marche for dinner and overnight stay.

2
DAY

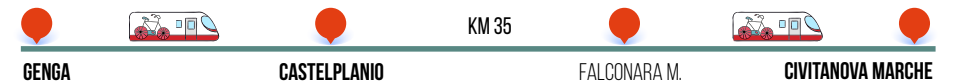
KM 20
130 M
ALTITUDE GAIN



Guided visit to San Severino Marche, a city of art with its elliptical-shaped piazza, one of the most attractive in Le Marche. Lunch is provided. Early in the afternoon we take the train to Genga, where we can enjoy the natural beauty of the Gola Rossa park and visit some superb historic places such as San Vittore Abbey and the Temple of Valadier, before moving on to Genga for dinner and overnight stay.

3
DAY

KM 35
130 M
ALTITUDE GAIN



The day starts with a visit to the Frasassi Caves, a sightseeing trail of around 1.5 Km offering a unique experience deep underground through millions of years of history. We then take our bikes on the train and get off at Castelplanio station. Free time for lunch, after which we take the cycle path that runs alongside the river Esino with views of the Esino valley countryside along the way. We pass through the Ripa Bianca nature reserve as far as the Cormorano park in Falconara Marittima, from where we return to Civitanova Marche by train.

+ INCLUDED

- 3-day Guided cycling tour
- 2 nights half board in non-hotel facilities or bike hotels
- Visit to the Abbeys of S. Maria e S. Claudio
- Guided tour of San Severino Marche
- Visit to a winery with wine tasting
- Lunch in San Severino Marche
- Entry to Frasassi Caves and Temple of Valadier
- Train tickets: Piediripa/San Severino, San Severino/Genga, Genga/Castelplanio, Falconara M./Civitanova Marche
- Baggage transfers throughout the tour
- Medical, baggage and public liability insurance

- NOT INCLUDED

- Bike rental (prices on request)
- Entrance fees not specifically included
- Meals not specified
- Cancellation insurance
- Drinks with meals



Photo by Paola Piacentini

